



13-17 March 2019 - Testimonial:

Fountain Square Office Park

Name: Lisa

Signature:

Occupation: Brand Consultant

Where do I start... Thank you Burk and Isobel for transforming my life. This course has given me the one thing I thought I would never have, and that is ME. I have discovered myself and who I am, as well as the endless opportunities that lies within me. This programme has not just transformed me, but also given me <sup>the</sup> opportunity to make a career out of helping, inspiring and coaching other people - Living my passion finally!

I made the best investment that I could ever made - I made the time to invest in Myself.

Thank you - Thank you - Thank you!!!





13-17 March 2019 - Testimonial:

Fountain Square Office Park

Name: Margaret Wagatili

Signature: Margaret Wagatili

Occupation: Physiotherapist

Although I had signed up for this course, and I had completed the pre-course modules, I still carried my emotional baggage and limiting beliefs. I had no clue though that I would feel so liberated physically, emotionally and spiritually. When I looked at myself this morning I saw a beautiful, attractive and confident woman, proud of my grey hair which I have resisted to have for more than 20 years. But, I have no words with which to thank you for your inspiration, knowledge and wisdom. Isobel, I love your confidence and thanks for rubbing it off on me. I am so inspired that I am coming back for my Masters programme in May and the resources will be available for that trip and more.

Thanks (Zikomo) - that is Chichewa - my language



13-17 March 2019 - Testimonial:

Fountain Square Office Park

Name: WESSEL DUIF

Signature:

Occupation: ENTREPRENEUR

DEAREST BUIL AND ISOBEL  
FROM THE BOTTOM OF MY OVERFLOWING  
HEART THANK YOU, THANK YOU, THANK YOU  
MY LIFE HAS CHANGED! I WAS COMPLETELY  
OUT OF MY COMFORT ZONE FOR 5 DAYS NEVER  
IN MY LIFE BEEN SO ~~VERY~~ VULNERABLE. BUT  
SO MANY ISSUES AND EMOTIONS PERSONALLY  
ADDRESSED. I AM SO EXCITED FOR WHAT  
LIES AHEAD!

THE EXPERIENCE WAS FANTASTIC!  
WELL DONE ON A GREAT COURSE AND MAY  
GOD BLESS THE GREAT WORK YOU ARE  
DOING EVEN MORE ABUNDANTLY!

KIND REGARDS

WESSEL



13-17 March 2019 - Testimonial:

Fountain Square Office Park

Name: Evangeline Mthethwa

Signature: [Handwritten Signature]

Occupation: ICRM Manager

The workshop has transformed my life. I've been set free of my negative beliefs and believe that my future is bright and have no limitations. I discovered that I had a <sup>negative</sup> emotion which occurred 27 years ago and thought I have gone over it, but realised that it was just there in my subconscious mind. I was freed of it. I now realised that I can do much more in life than I've ever thought. The way I see myself has changed. The breaking of the plank was a confirmation that I am successful and nothing can limit me because my limitations are in my past. The <sup>final</sup> technique left me at a high note that I am able to achieve the goals that I set.





13-17 March 2019 - Testimonial:

Fountain Square Office Park

Name: Debbie Agyra

Signature: *Debbie Agyra*

Occupation: Self Employed - Healthy Eating and Wellness

Dear But & Isabel

Wow! Wow! Thank you so much for the most amazing 5 days of my life!  
It has been completely life changing! I've been wanting to do this course  
since 2015 and I just kept having this feeling I need to do it - so thank you  
so much that my time was right now with my kids being a little older that  
made it possible. I am so excited to start my own life coaching business  
and then I am to change people's lives. But you're an exceptional coach  
and really such a mentor. Isabel you are also truly amazing &  
so authentic & motivating. You are both such inspirations.  
We had such an awesome group of like minded people on our  
training it was awesome & I'm sure will stay in contact for the  
future. I am definitely going to do the master course towards the  
end of the year/beginning next year this is truly my life's passion and  
I am so excited for what the future holds.

Thank you both again so much.

Love from,

Debbie Agyra.



13-17 March 2019 - Testimonial:

Fountain Square Office Park

Name: Elizabeth MOROBANE

Signature: 

Occupation: Social Work

Thanky Burk and Isobel for allowing God to use you as vessels that carry the power to bring transformation into peoples lives.

I have been transformed by this course because when I first entered the training room I didn't know what to expect and I was carrying a lot of baggage from childhood up to Now.

When we started with the techniques and I had my ~~first~~ experience with the Negative Belief being uprooted from my subconscious, my entire being changed in a day. I no longer needed to blame myself for things I did not do and I was no longer willing to have people blame me for their rubbish, my internal perception of myself was impacted by this. It was as though God was reminding me that my experiences as a child were never my fault and that I didn't need to carry all that baggage anymore, I was finally free and my world was flow different, It was now waiting for me to live in it and cease existing.

Thank you both for your dedication towards the Coaches and the program itself. God Bless you in Abundance.



13-17 March 2019 - Testimonial:

Fountain Square Office Park

Name: NIVEN RAMAN

Signature: 

Occupation: COACH

The Transformation Coaching course is absolutely amazing. It allowed me to identify many limiting/negative beliefs I had about myself and others. Once I released myself from these beliefs I felt absolutely light, as I could fly and do anything I believed. I have a new found energy for my life and what I want to do going forward. I see the power of the therapies that I have learnt and I am eager to go out into the world to raise consciousness. What is offered in here this course has no money nor words that will allow to describe its value. It has allowed me to realize I am ~~a~~ The Creator of my life and I would recommend this course to all whom have the calling to be a Transformational Coach. Absolutely Amazing!





13-17 March 2019 - Testimonial:

Fountain Square Office Park

Name: RASHID HUSSAIN

Signature: 

Occupation: ENTREPRENEUR

I CAME HERE WITH WHM I THOUGHT WAS A POWERFUL  
HEADSPACE AND I LEAVE HERE WITH SO MUCH MORE  
I HONESTLY FEEL AS IF I HAVE CREATED A  
VERSION 2.0 OF MYSELF. I REALLY FEEL LIKE IM  
EQUIPPED FOR ANYTHING.

BURK HAS MADE THIS INFORMATION VERY EASY TO  
BE ABSORBED AND HAS TAUGHT IT TO ME EFFORTLESSLY.  
IT  
THE TOOLS YOU HAVE GIVEN ME WILL DRASTICALLY  
CHANGE MY LIFE. YOU HAVE GIVEN ME A WAY  
TO REALISE MY DREAMS AND LIVE MY BEST POSSIBLE  
SELF. I CANNOT WAIT TO APPLY WHAT I HAVE LEARNED.  
THANK YOU FOR YOUR DEDICATION TO PERSONAL  
TRANSFORMATION AND THANK YOU FOR CREATING  
THIS LIBERATING <sup>AND EMPOWERING</sup> WORKSHOP.



13-17 March 2019 - Testimonial:

Fountain Square Office Park

Name: BERTUS STEENKAMP

Signature: 

Occupation: TEAM DEVELOPMENT FACILITATOR / PROJECT SPECIALIST (CONCEPTUAL)

After completing this last 3-year vision exercise, I WAS DISAPPOINTED in HEARING

THE WORDS "NOW COME BACK TO THE NOW" --- WHY: THIS WAS 5 DAYS

OF BEING CONFRONTED WITH WHO I AM SUPPOSED TO BE!

Thankyou for HELPING ME discover THIS @ AGE 59! I HAVE

ALREADY STARTED PUTTING THE ACTIONS in motion! I CAN'T WAIT

TO LOOK BACK AT MARCH 2019, 3 YEARS FROM NOW!! I

KNOW I'M GOING TO BE ECSTATIC, GRATEFUL & CLOSER TO

ENLIGHTENMENT!

THIS PROCESS CAME @ THE PERFECT moment (Timeline) in my

LIFE: I AM SO EXCITED & READY. I HAVE SO MUCH

TO REACH AND PACKAGE in THE (SHORT!) SPACE I STILL HAVE

LEFT on THIS PHENOMINAL PLANET.

Thankyou for INTRODUCING ME, TO WHO I CAN BE

Thankyou for REMINDING ME/US AGAIN on POSSIBLY ONE of

THE MOST IMPORTANT LIFE-ASSIGNMENTS: HEARING TO MAKE

THIS SPACE A MUCH BETTER / ENJOYABLE / BLESSED ONE.

Blessings .

BERTUS



13-17 March 2019 - Testimonial:

Fountain Square Office Park

Name: ..... *Charmaine Fourie* .....

Signature: ..... *[Handwritten Signature]* .....

Occupation: ..... *Teacher* .....

..... This was an unbelievable experience. This transformed me from  
..... "my kroontjie tot my toontjie" 😊. I feel energized and calm at  
..... the same time. It gave me tools, and helped me by understanding  
..... and controlling myself and my life better. Thank you  
..... Burk and Isobel for your professionalism and the example!!  
..... I didn't think that it was possible to learn so much  
..... in such a short time!! ~~A~~ I would recommend this to  
..... every person I know to do, you have a better understanding  
..... and perspective about life in general, but especially  
..... your own life!  
.....  
.....  
.....  
.....



13-17 March 2019 - Testimonial:

Fountain Square Office Park

Name: Diana Rowe

Signature: 

Occupation: Beauty Therapist

My first day at the training ~~to~~ was filled with feelings of anticipation. ~~I~~ Knowing that, and expecting to spend 5 days of learning how to help others. I definitely did not expect to go deep into myself + heal ~~myself~~ from the inside (even though Burk did say that it will happen + has to happen) I know the future is bright + successful + will fall into place as it should, and as I imagine it.

I thank you for your passion of truly wanting the best for others + the world.

"Change yourself, and the world changes with you"



13-17 March 2019 - Testimonial:

Fountain Square Office Park

Name: JAN ENGELBRECHT

Signature: *[Handwritten Signature]*

Occupation: MANAGER

" WITHIN FIVE DAYS MY WHOLE LIFE WAS TRANSFORM  
FROM NEGATIVE TO POSITIVE, A STATE OF FEAR  
TO A STATE OF LOVE. FROM LOW VIBRATION  
TO HIGH VIBRATION, IN OTHER WORDS "ENERGISED"  
IF I DID NOT EXPERIENCED IT MYSELF I  
WOULD NEVER BELIEVED IT. I MUST ACTUALLY  
PINCH MYSELF TO MAKE SURE IT IS NOT A  
DREAM. "





13-17 March 2019 - Testimonial:

Fountain Square Office Park

Name: SORAYA MATTHEWS

Signature: *Soraya Matthews*

Occupation: COACH (AFTER CERTIFICATION 😊)

~~I AM~~ THIS COURSE HAS COMPLETELY REVOLUTIONARIZED MY THINKING  
& BELIEFS OF HOW QUICKLY WE CAN MAKE POSITIVE CHANGES IN OUR  
LIVES & HOW QUICKLY WE CAN HAVE A POSITIVE EFFECT ON PEOPLE'S LIVES.  
I FEEL AMAZING & READY TO TACKLE THE NEXT ADVENTURE OF MY  
LIFE. THE COURSE TRANSFORMS YOUR THINKING, BELIEFS, WAY OF  
LIVING AND OUTLOOK ON LIFE.

THANK YOU BUCK & ISRAEL. THIS HAS BEEN AN AMAZING EXPERIENCE.  
FIVE DAYS OF MY LIFE WELL SPENT! ~~AND~~  
MAY YOU BOTH CONTINUE TO HAVE SUCCESS.



13-17 March 2019 - Testimonial:

Fountain Square Office Park

Name: .....

Dean Klappers

Signature: .....

~~Klappers~~

Occupation: .....

Journalist / Guest Farm Owner

I was expecting a life coaching course with methods and techniques to change behaviour patterns in clients that I would like to assist in future

The Transformation aspect of this specific training use unique and effective methods and practices ~~different~~ <sup>from</sup> any other life coaching experience I have had.

I will need time to integrate new knowledge and experiences however the training have made tangible differences in the way I see myself and experience feelings of myself.



**13-17 March 2019 - Testimonial:**

Fountain Square Office Park

Name: Charmaine duPreez

Signature: Preez

Occupation: Bookkeeper

Waw! Dit was ongelooflik om te beleef hoe  
die brain werk en hoe min ons eindlik (of ek)  
verstaan het van hierdie power bank wat ons  
saam met ons dra. Om te leer jy kan  
die storie wat jy vir jouself <sup>vertel</sup> kan verander.  
Die is 'n maat vir elke persoon wat "iets"  
vir honself wil doen. Ek het al Honnes en  
Robert Banks se kursuses gedoen maar ek kon  
geen resultate kry nie en in 5 dae  
het ek reeds so baie van myself geleer  
en positiewe veranderinge gesien. Dit het  
my net weer gewys dat mense kan as julle  
net wil. Burk is 'n amazing coach en Isabel  
jy is regtig 'n inspirasie vir my!!



13-17 March 2019 - Testimonial:

Fountain Square Office Park

Name: LYRETTE LOURENO

Signature:

Occupation:

GENERAL MANAGER: CAPACITY MANAGEMENT & FORECASTING.

FOR QUITE SOME TIME I WALKED AROUND WITH A SENSE THAT WHERE I AM NOW IN MY CAREER & LIFE IS NOT WHERE I WANT TO BE - THERE IS SOMETHING MORE OUT THERE! WHERE I CAN SHARE MY PASSION FOR PEOPLE & GROWTH WITH OTHERS!

AT THE SAME TIME I ALSO REALISED THAT WORKING WITH PEOPLE IS A HUGE RESPONSIBILITY AND THAT YOU ALSO HAVE TO WORK ON YOURSELF.

THIS COURSE BROUGHT THESE 2 ELEMENTS TOGETHER FOR ME IN 5 AMAZING DAYS OF LEARNING, GROWTH, INSIGHTS AND NEW WORLDS!

THANK YOU BURK & SOBEL FOR STARTING ME ON MY JOURNEY  
OF  
- GROWING GRACE